

Harvest Times for the Mid-Ohio Valley



Home Canning Made

Easy

Fresh Vegetables			Fresh Fruits		
Produce	Harvest	Approx lb/qt	Produce	Harvest	Approx lb/qt
Asparagus	April-June	3 1/2	Apples	July-Oct	2 1/2 - 3
Beets	June-Oct	2 - 3 1/2	Apricots	July-Sept	2 - 2 1/2
Carrots	July-Oct	2 - 3	Blueberries	June-Oct	1 1/2 - 3
Green Beans	June-Sept	1 1/2 - 2 1/2	Cherries	June-July	2 - 2 1/2
Green Peas	May-July	3 - 6	Citrus	Market Availability	2 - 2 1/2
Lima Beans	July-Sept	3 - 5	Grapes	Aug-Oct	2
Okra	June-Oct	1 1/2 - 2	Peaches	July-Sept	2 - 3
Onions	Aug-Oct	1	Pears	Aug-Oct	2 - 3
Peppers, Sweet / Hot	July-Oct	1 lb/pint*	Plums	July-Sept	1 1/2 - 2 1/2
Pickling Cucumbers	June-Oct	1 1/2	Raspberries	June-Oct	1 1/2 - 3
Potatoes	July-Dec	2 1/2 - 3	Rhubarb	June-Sept	1 1/2 - 2
Sweet Corn	June-Oct	3 - 6	Strawberries	May-July	1 1/2 - 3
Sweet Potatoes	Sept-Oct	2 - 3	Tomatoes	July-Oct	2 1/2 - 3 1/2
Summer Squash	June-Oct	2 - 4			

*Quarts not recommended

QUICK TIPS

- Soft spreads – ½ lb produce per (8 oz) half pint
- Relishes – 1 lb produce per (16 oz) pint